



Pre-Congress Workshop 104: The Who, What, Where and Why of Trichology

Saturday/April 6, 2024
3:00PM-4:30PM

Director: Gill Westgate, PhD | United Kingdom

Co-Director: David Kingsley, PhD | USA

Trichology is the study of hair and scalp science and includes diagnosis, treatment and advice. **Trichologists** are typically non-medical professionals, having received appropriate trichology education, practising in the private sector, and some are hair researchers. Trichologists have a range of formal education from hair dressing up to PhD level in some cases. However, medically trained doctors specialising in hair and scalp problems, diagnosis, research, and patient treatment are often also referred to a **Trichologists**, with variations by country and region. There is confusion in terminology, educational levels and qualifications, researcher engagement, professional regulation, and standards of practice that merit a closer look

This session '**The Who, What, Where and Why of Trichology**', will deliver perspectives on the definition and roles of **Trichologists** in the patients' journey to manage their hair and scalp problems. Short talks will be followed by a panel discussion which will consider:

- Should there be a global definition of a clinical trichologist and their role in the patient pathway?
- Is training for trichology practise properly recognised by the medical profession?
- Should the profession of the trichologist be regulated?
- What is the relationship between the trichologist, dermatologist and general practitioner in the patient pathway and how can this be improved?
- How could the hair research community encourage trichologists to participate in front-line research in scalp and hair science?

Who should attend? This session is open to everyone who wishes to understand trichology as a specialism/profession and who are interested to contribute to a future perspective on this area of scalp and hair science and practise.

Program Outline:

3:00PM	15'	Welcome and Introduction: History of <i>Trichology</i> and the Major Global Trichological Organisations Gill Westgate, PhD United Kingdom
3:15PM	20'	The Role of the Trichologist and How They Add Value Within the Patient Pathway David Kingsley, PhD USA Kimberly Jenkins USA

3:35PM	15'	Interdisciplinary Insights: Addressing Unmet Needs in Textured Hair Care for Enhanced Patient/Client Outcomes Crystal Porter, PhD USA
3:50PM	15'	The Approach of the Dermatologist to Hair and Scalp Issues Beyond Trichology Antonella Tosti, MD USA
4:05PM	20'	Speaker Panel Discussion and Future Perspectives All Speakers
4:25PM	5'	Concluding Remarks Gill Westgate, PhD United Kingdom